



ZIPLINING

Safety Guide

Outdoor Activity Provider

4

Key Benefits

24

Control Measures

15

Checklist Items

KEY BENEFITS

Adrenaline Rush

Thrilling experience that creates lasting memories.

Confidence Building

Overcoming fear of heights and speed builds self-belief.

Unique Perspectives

See landscapes from extraordinary viewpoints.

Accessible Adventure

Minimal physical skill required—suitable for many abilities.

KEY HAZARDS & CONTROL MEASURES**Falls**

- ✓ Redundant attachment systems
- ✓ Equipment inspection before each use
- ✓ Staff fit and check all harnesses
- ✓ Locking carabiners only

Braking Failure

- ✓ Automatic braking systems
- ✓ Weight limits enforced
- ✓ Backup braking mechanism
- ✓ Regular brake system testing

Cable/Structural Failure

- ✓ Daily visual inspections
- ✓ Load testing and certification
- ✓ Annual engineer inspection
- ✓ Documented maintenance schedule

Collision

- ✓ Clear flight path maintained
- ✓ Communication between platforms
- ✓ One rider at a time system
- ✓ Helmets worn by all riders

Getting Stuck

- ✓ Retrieval system and trained staff
- ✓ Regular retrieval drills
- ✓ Weight limits to ensure completion
- ✓ Communication with stuck riders

Weather

- ✓ Clear operating weather limits
- ✓ Wind speed monitoring
- ✓ Lightning protocol and closure
- ✓ Close in heavy rain

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- | | |
|--|---|
| <input type="checkbox"/> Complete and review risk assessment for this activity | <input type="checkbox"/> Ensure all identified hazards have control measures in place |
| <input type="checkbox"/> Brief all staff on key risks and emergency procedures | |

Infrastructure

- | | |
|--|--|
| <input type="checkbox"/> Cable visual inspection | <input type="checkbox"/> Anchor points checked |
| <input type="checkbox"/> Platforms secure | <input type="checkbox"/> Braking system tested |

Equipment

- | | |
|--|---|
| <input type="checkbox"/> Harnesses inspected | <input type="checkbox"/> Trolleys functioning |
| <input type="checkbox"/> Carabiners checked | <input type="checkbox"/> Helmets available |

Operations

- | | |
|---|--|
| <input type="checkbox"/> Weather suitable | <input type="checkbox"/> Staff positions confirmed |
| <input type="checkbox"/> Communications working | <input type="checkbox"/> Retrieval gear ready |



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