



# TURFING & RESEEDING

## Safety Guide

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Checklist Items

## KEY BENEFITS

### Strain Prevention

Proper technique prevents repetitive strain injuries.

### Posture Protection

Equipment reduces strain from kneeling work.

### Machine Safety

Correct operation prevents machinery incidents.

### Weather Protection

Hydration and breaks maintain health outdoors.

**KEY HAZARDS & CONTROL MEASURES**

**Manual Handling of Turf**

- ✓ Turf trolleys used
- ✓ Team lifting where needed
- ✓ Rolls staged close to work area
- ✓ Regular breaks

**Kneeling Work**

- ✓ Knee pads worn
- ✓ Regular standing breaks
- ✓ Kneeling boards used
- ✓ Position changes encouraged

**Turf-Laying Machinery**

- ✓ Trained operators only
- ✓ Clear work area
- ✓ Guards in place
- ✓ Communication established

**Weather Conditions**

- ✓ Water readily available
- ✓ Sun protection applied
- ✓ Shade for breaks
- ✓ Work pace adjusted



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