RISK ASSESSMENT WIZARD



TEAM BUILDING & LEADERSHIP EXERCISES

Safety Guide

Scouting Guiding

4	16	3
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Communication

Strengthens communication and trust within groups.

Leadership

Builds leadership, delegation, and decision-making skills.

Problem-Solving

Develops resilience and problem-solving under pressure.

Empathy

Encourages empathy, inclusion, and peer support.

KEY HAZARDS & CONTROL MEASURES

Physical Exertion

- ✔ Medical information collected beforehand
- ✔ Warm-up before physical tasks
- ✔ Opt-out available for all activities
- ✔ Water and rest breaks scheduled

Trust Activities

- ✔ Consent obtained for all touch activities
- ✔ Clear explanation before each task
- ✔ Safe word or opt-out process
- ✔ Debrief after challenging activities

Low Elements & Heights

- ✔ Spotters trained and positioned
- ✔ Equipment inspected before use
- ✔ Helmets for overhead elements
- ✔ Ground soft or matted where needed

Group Behaviour

- ✔ Ground rules set at start
- ✔ Leaders monitor group dynamics
- ✔ Balance competition with cooperation
- ✔ Debrief to resolve any tensions

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