RISK ASSESSMENT WIZARD



USING TARPS AND HAMMOCKS

Safety Guide

Forest Schools

4	16	3
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Practical Skills

Provides experience with knots, shelter design, and tarp layout.

Teamwork

Encourages problem-solving and teamwork when constructing shared spaces.

Relaxation

Supports physical relaxation and emotional recovery in hammock setups.

Independence

Fosters independence in creating personal resting or hiding places.

KEY HAZARDS & CONTROL MEASURES

Falls from Hammock

- ✔ Hammocks hung low (30cm max)
- ✔ Soft landing area below
- ✔ Teach safe entry/exit
- ✔ One person at a time

Anchor Failure

- ✔ Test branches before use
- ✔ Use tree protectors
- ✔ Check ropes for wear
- ✔ Proper knot training

Trip Hazards

- ✔ Mark guy lines clearly
- ✔ Brief on rope positions
- ✔ Keep setup area tidy
- ✔ Regular walk-throughs

Weather Exposure

- ✔ Check weather forecast
- ✔ Appropriate clothing layers
- ✔ Monitor for cold signs
- ✔ Sun protection available

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390+

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