



SPORTS DAY

Safety Guide

School Education

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Checklist Items

KEY BENEFITS

Celebrates Achievement

Celebrates effort and achievement, building school spirit and pride.

Builds Resilience

Encourages resilience by learning from both success and disappointment.

Community Engagement

Strengthens family and community engagement with the school.

Healthy Competition

Promotes healthy competition and respect for rules and opponents.

KEY HAZARDS & CONTROL MEASURES**Heat & Sun Exposure**

- ✓ Weather forecast monitored - postpone if extreme
- ✓ Water stations throughout venue
- ✓ Shaded rest areas provided
- ✓ Sun protection reminders to parents

Throwing Events

- ✓ Designated throwing zones with barriers
- ✓ Trained staff supervising throwing events
- ✓ Spectators kept well clear of landing areas
- ✓ Clear signals before each throw

Track Congestion

- ✓ Lane assignments for all runners
- ✓ Track marshals positioned along route
- ✓ Clear start and finish line protocols
- ✓ Adequate spacing between races

Spectator Management

- ✓ Clear perimeter marking for spectators
- ✓ Staff positioned at key access points
- ✓ PA announcements for safety reminders
- ✓ Emergency access routes maintained

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- Complete and review risk assessment for this activity
- Brief all staff on key risks and emergency procedures
- Ensure all identified hazards have control measures in place

Weather & Venue

- Weather forecast checked
- Shaded areas available
- Field inspected for hazards
- Event zones marked

Equipment

- All equipment checked
- PA system tested
- Barriers in place
- Gazebos secured

Medical

- First aiders positioned
- Water stations stocked
- First aid station ready
- Medical info accessible

Staffing

- All staff briefed
- Communication devices working
- Marshals in position
- Emergency procedures known



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