RISK ASSESSMENT WIZARD



SKATEBOARDING

Safety Guide

Sports Recreation

6	40	18
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Balance & Coordination

Enhances balance and coordination through dynamic movements and tricks.

Lower Body Strength

Improves lower body strength and muscle tone with repetitive pushing and jumping.

Agility & Flexibility

Develops agility and flexibility through quick directional changes and maneuvering.

Mental Focus

Boosts mental focus and concentration required for executing complex tricks safely.

Cardiovascular Fitness

Increases cardiovascular fitness and endurance through sustained active play.

Physical Fitness

Supports overall physical fitness and muscle toning through consistent practice.

KEY HAZARDS & CONTROL MEASURES

Falling Off the Skateboard

- ✔ Encourage use of helmets, wrist guards, knee and elbow pads
- ✔ Provide training on proper falling techniques
- ✔ Maintain skateboarding areas to minimize hazards
- ✔ Supervise beginners closely

Head Injuries

- ✔ Mandate certified helmet use
- ✔ Ensure helmets are properly fitted
- ✔ Conduct regular helmet inspections
- ✔ Provide safe landing areas with padding

Collisions with Other Users

- ✔ Implement clear traffic rules within skate areas
- ✔ Use signage to indicate high-traffic zones
- ✔ Enforce respectful behavior
- ✔ Provide ample space to reduce collisions

Faulty Equipment

- ✔ Conduct regular skateboard inspections
- ✔ Replace faulty components immediately
- ✔ Encourage skaters to maintain their boards
- ✔ Report issues promptly

Attempting Tricks Beyond Skill Level

- ✔ Provide progressive training programs
- ✔ Encourage mastering basics before advancing
- ✔ Supervise trick practice
- ✔ Offer guidance to prevent overreaching

Rough or Wet Surfaces

- ✔ Ensure smooth, well-maintained surfaces
- ✔ Inspect and repair rough patches
- ✔ Close areas during wet conditions
- ✔ Provide indoor alternatives if available

Faulty Skatepark Equipment

- ✔ Conduct regular equipment inspections
- ✔ Use high-quality, safety-certified materials
- ✔ Remove or repair faulty equipment immediately
- ✔ Train staff to recognize equipment failure signs

Debris on Surfaces

- ✔ Regularly remove debris and obstacles
- ✔ Encourage skaters to inspect wheels before use
- ✔ Provide designated storage areas
- ✔ Supervise to ensure cleanliness

Lack of Protective Gear

- ✔ Mandate protective gear for organized sessions
- ✔ Educate on importance of protection
- ✔ Provide access to quality equipment
- ✔ Enforce gear usage consistently

Motor Traffic

- ✔ Establish clear boundaries using barriers
- ✔ Provide clear signage for safe zones
- ✔ Implement no-entry rules for vehicles
- ✔ Educate on staying within designated areas

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Facility

- [ ] Surfaces dry and clean
- [ ] Debris removed
- [ ] Ramps/rails inspected
- [ ] Boundaries clearly marked
- [ ] First aid accessible

Equipment

- [ ] Skateboards inspected
- [ ] Trucks/wheels checked
- [ ] Helmets fitted
- [ ] Protective gear worn
- [ ] Appropriate footwear

Session Management

- [ ] Qualified instructor present
- [ ] Appropriate ratios maintained
- [ ] Skill levels assessed
- [ ] Safety briefing delivered
- [ ] Rules explained

RISK ASSESSMENT WIZARD

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390+

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