



ROUNDERS

Safety Guide

Sports Recreation

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Checklist Items

KEY BENEFITS

Inclusive Team Sport

Accessible to all fitness levels and abilities, promoting participation.

Hand-Eye Coordination

Develops batting, catching, and throwing skills.

Cardiovascular Fitness

Running between posts provides excellent aerobic exercise.

Tactical Thinking

Develops game awareness and decision-making skills.

Social Interaction

Team environment builds communication and cooperation.

Outdoor Activity

Encourages outdoor play and connection with nature.

KEY HAZARDS & CONTROL MEASURES**Bat Injuries**

- ✓ Define clear batting zones with safe distances
- ✓ Backstop positioned at safe distance behind batter
- ✓ Players waiting to bat in designated safe area
- ✓ Proper batting technique instruction

Ball Impact

- ✓ Use appropriate ball type for age group
- ✓ Fielders taught proper catching technique
- ✓ Players alert to ball location at all times
- ✓ Safe distance for spectators

Running Collisions

- ✓ Clear running lanes around posts
- ✓ Fielders positioned to avoid collision zones
- ✓ Posts with flexible/safe tops
- ✓ Rules enforcement on contact

Field Hazards

- ✓ Inspect playing area before use
- ✓ Remove debris and mark/avoid hazards
- ✓ Appropriate footwear required
- ✓ Avoid play in wet/slippery conditions

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- Complete and review risk assessment for this activity
- Brief all staff on key risks and emergency procedures
- Ensure all identified hazards have control measures in place

Field Check

- Playing area inspected
- Posts securely positioned
- Safe area for waiting batters
- Hazards removed or marked
- Boundaries clearly defined

Equipment Check

- Bats checked for damage
- Posts stable and safe
- Appropriate footwear worn
- Balls in good condition
- First aid kit available

Player Preparation

- Warm-up completed
- Jewellery removed
- Water available
- Rules and safety briefed
- Sun protection applied



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