



PILGRIMAGES & GROUP TRIPS

Safety Guide

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Checklist Items

KEY BENEFITS

Spiritual Journey

Provides transformative spiritual experiences at sacred sites.

Community Bonding

Strengthens faith community through shared travel and worship.

Cultural Learning

Expands understanding of faith heritage and history.

Personal Growth

Challenges and develops participants through shared experience.

KEY HAZARDS & CONTROL MEASURES**Travel Safety**

- ✓ Reputable operators used
- ✓ Regular rest breaks
- ✓ Seatbelts worn
- ✓ Emergency contacts known

Lost Participants

- ✓ Buddy system implemented
- ✓ Meeting points agreed
- ✓ Regular headcounts
- ✓ Contact cards carried

Medical Emergencies

- ✓ Medical forms collected
- ✓ Travel insurance required
- ✓ First aider on trip
- ✓ Medication managed

Weather & Environment

- ✓ Weather briefings given
- ✓ Sun protection advised
- ✓ Water available
- ✓ Rest periods scheduled



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