RISK ASSESSMENT WIZARD



PHYSICAL EDUCATION

Safety Guide

School Education

4	16	19
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Physical Fitness

Improves cardiovascular fitness, coordination, and strength through structured movement.

Teamwork Skills

Builds teamwork, leadership, and fair play through cooperative and competitive activities.

Mental Health

Supports mental health by reducing stress and increasing positive mood.

Lifelong Habits

Encourages lifelong physical activity habits and goal setting.

KEY HAZARDS & CONTROL MEASURES

Collisions & Falls

- ✔ Clear rules of play explained and enforced
- ✔ Adequate spacing between activity areas
- ✔ Age and ability appropriate activities
- ✔ Mats and padding where required

Equipment Hazards

- ✔ Regular equipment inspection schedule
- ✔ Faulty equipment removed immediately
- ✔ Correct setup procedures followed
- ✔ Pupils trained on safe equipment use

Medical Conditions

- ✔ Medical information accessible to staff
- ✔ Inhalers and medications available
- ✔ Modified activities where needed
- ✔ Staff trained on common conditions

Changing Room Safety

- ✔ Appropriate supervision arrangements
- ✔ Clear behaviour expectations
- ✔ Private changing options available
- ✔ Non-slip flooring maintained

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Facility

- [ ] Playing surface checked
- [ ] Area free of hazards
- [ ] Weather suitable (outdoor)
- [ ] Changing rooms ready

Equipment

- [ ] Equipment inspected
- [ ] Correct setup verified
- [ ] First aid kit accessible
- [ ] Faulty items removed

Pupils

- [ ] Appropriate kit worn
- [ ] Jewellery removed
- [ ] Medical needs noted
- [ ] Warm-up completed

Supervision

- [ ] Ratios appropriate
- [ ] Rules explained
- [ ] Boundaries set
- [ ] Emergency plan known

RISK ASSESSMENT WIZARD

Take Your Safety To The Next Level

Create professional, customized risk assessments for your organization with our easy-to-use online wizard.

390+

Activity Templates

Pre-loaded hazards & controls for every activity

100%

Customizable

Add your branding & tailor to your needs

- ✔ Instant PDF & print-ready documents
- ✔ Store and update assessments online
- ✔ Add your logo & organization details
- ✔ Reuse and duplicate assessments
- ✔ Works on any device

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