



RISK ASSESSMENT
— WIZARD —



NATURE WALKS

Safety Guide

Forest Schools

4

Key Benefits

16

Control Measures

3

Checklist Items

KEY BENEFITS**Physical Fitness**

Encourages movement and fitness through purposeful outdoor travel.

Mindfulness

Supports present awareness and stress reduction through natural exploration.

Navigation Skills

Teaches using environmental cues and basic compass skills.

Social Bonds

Strengthens relationships through shared exploration and conversation.

KEY HAZARDS & CONTROL MEASURES**Uneven Terrain**

- ✓ Route reconnaissance completed
- ✓ Point out hazards to group
- ✓ Appropriate footwear required
- ✓ Slower pace on difficult terrain

Child Separation

- ✓ Regular headcounts
- ✓ Clear group boundaries
- ✓ Adult at front and back
- ✓ Buddy system in place

Tick Bites

- ✓ Long sleeves and trousers worn
- ✓ Tick removal kit available
- ✓ Tick checks after walk
- ✓ Avoid tall grass areas

Road Crossings

- ✓ Stop and wait as group
- ✓ Cross together on signal
- ✓ Adult checks traffic
- ✓ High-vis worn if needed



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