



MUSIC LESSONS

Safety Guide

School Education

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Checklist Items

KEY BENEFITS

Motor Skills

Develops listening, rhythm, and fine motor control.

Discipline

Builds discipline through regular practice routines.

Creativity

Encourages creativity and emotional expression.

Confidence

Increases confidence through performance opportunities.

KEY HAZARDS & CONTROL MEASURES

Hearing Exposure

- ✓ Volume levels monitored
- ✓ Regular breaks from loud practice
- ✓ Hearing protection available
- ✓ Acoustic treatment in rooms

One-to-One Safeguarding

- ✓ Door windows or open doors
- ✓ Recording consent obtained
- ✓ All tutors DBS checked
- ✓ Clear reporting procedures

Electrical Safety

- ✓ Equipment PAT tested
- ✓ No overloaded sockets
- ✓ Cables managed safely
- ✓ Wet hands avoided

Instrument Handling

- ✓ Correct lifting techniques
- ✓ Appropriate-sized instruments
- ✓ Posture guidance given
- ✓ Regular breaks encouraged

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- | | |
|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <input type="checkbox"/> Complete and review risk assessment for this activity | <input type="checkbox"/> Ensure all identified hazards have control measures in place |
| <input type="checkbox"/> Brief all staff on key risks and emergency procedures | |

Room

- | | |
|----------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Door window clear | <input type="checkbox"/> Ventilation adequate |
| <input type="checkbox"/> Lighting sufficient | <input type="checkbox"/> Fire exit clear |

Equipment

- | | |
|----------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Instruments checked | <input type="checkbox"/> Electrics PAT tested |
| <input type="checkbox"/> Cables tidy | <input type="checkbox"/> Stands stable |

Hearing

- | | |
|----------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Volume monitored | <input type="checkbox"/> Protection available |
| <input type="checkbox"/> Break times planned | <input type="checkbox"/> Acoustic treatment |

Safeguarding

- | | |
|--------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> DBS current | <input type="checkbox"/> Visibility ensured |
| <input type="checkbox"/> Recording consent | <input type="checkbox"/> Timetable shared |



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