



# MUD PLAY

## Safety Guide

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## KEY BENEFITS

### Sensory Development

Activates tactile development with squishy, messy textures.

### Creative Play

Promotes creative and symbolic play in open-ended scenarios.

### Immune Health

Improves immune system resilience through safe outdoor exposure.

### Social Learning

Supports social learning through cooperative messy play.

**KEY HAZARDS & CONTROL MEASURES****Soil Contamination**

- ✓ Check mud area before use
- ✓ Cover cuts before activity
- ✓ Remove any animal droppings
- ✓ No hand-to-mouth contact

**Foreign Objects**

- ✓ Inspect mud area daily
- ✓ Use contained mud areas
- ✓ Remove glass, metal, debris
- ✓ Check utensils for damage

**Slip Hazards**

- ✓ Wellies or waterproof boots
- ✓ Bark chip surfacing nearby
- ✓ Clear walking routes
- ✓ Remind children to walk

**Mud in Eyes**

- ✓ Brief on keeping mud low
- ✓ First aid kit accessible
- ✓ Clean water for washing eyes
- ✓ Supervise during play



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