RISK ASSESSMENT WIZARD



KAYAKING/CANOEING

Safety Guide

Youth Group

4	16	19
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Physical Fitness

Improves upper body strength and cardiovascular fitness.

Teamwork

Enhances teamwork and coordination in tandem paddling.

Environmental Awareness

Promotes environmental awareness through waterway exploration.

Mental Wellbeing

Supports mental well-being by reducing stress through time on the water.

KEY HAZARDS & CONTROL MEASURES

Capsize & Drowning

- ✔ Buoyancy aids worn at all times
- ✔ Capsize recovery practiced
- ✔ Qualified instructor supervises
- ✔ Safety boat available if needed

Weather & Conditions

- ✔ Weather forecast checked
- ✔ Wind limits set for session
- ✔ Tides and currents assessed
- ✔ Session cancelled if unsafe

Cold Water Exposure

- ✔ Appropriate clothing required
- ✔ Wetsuits in cold conditions
- ✔ Session duration limited
- ✔ Warm shelter available

Equipment Issues

- ✔ Equipment inspected before use
- ✔ Craft sized appropriately
- ✔ Buoyancy aids fitted properly
- ✔ Spare equipment available

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Venue

- [ ] Water conditions checked
- [ ] Weather assessed
- [ ] Hazards identified
- [ ] Access points safe

Equipment

- [ ] Craft inspected
- [ ] Paddles checked
- [ ] Buoyancy aids fitted
- [ ] Spares available

Participants

- [ ] Swimming ability confirmed
- [ ] Medical info known
- [ ] Briefing completed
- [ ] Clothing appropriate

Safety

- [ ] First aid accessible
- [ ] Rescue throw line ready
- [ ] Communication available
- [ ] Emergency plan known

RISK ASSESSMENT WIZARD

Take Your Safety To The Next Level

Create professional, customized risk assessments for your organization with our easy-to-use online wizard.

390+

Activity Templates

Pre-loaded hazards & controls for every activity

100%

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Add your branding & tailor to your needs

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