RISK ASSESSMENT WIZARD



INSULATION INSTALLATION AND MAINTENANCE

Safety Guide

Construction Trade

4	16	3
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Energy Efficiency

Reduces heating and cooling energy requirements.

Cost Savings

Lowers energy bills for building occupants.

Environmental

Reduces carbon footprint of buildings.

Sound Reduction

Improves acoustic performance of structures.

KEY HAZARDS & CONTROL MEASURES

Respiratory Hazards

- ✔ Wear appropriate respiratory protection (FFP3 for fibrous materials)
- ✔ Ensure adequate ventilation in work areas
- ✔ Use extraction equipment when cutting insulation
- ✔ Dampen materials before cutting where possible

Skin Irritation

- ✔ Wear long sleeves, gloves, and eye protection
- ✔ Use barrier cream before handling materials
- ✔ Wash exposed skin thoroughly after work
- ✔ Provide separate clean changing facilities

Confined Spaces

- ✔ Assess loft/roof spaces before entry
- ✔ Ensure safe access and egress routes
- ✔ Use portable lighting and ventilation
- ✔ Work in pairs in confined areas

Manual Handling

- ✔ Use mechanical aids for heavy boards
- ✔ Team lift for awkward materials
- ✔ Plan storage to minimize carrying distances
- ✔ Take regular breaks during repetitive tasks

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