RISK ASSESSMENT WIZARD



GOLF

Safety Guide

Sports Recreation

6	40	18
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Mental Focus

Enhances mental focus and concentration through strategic planning and precision in shots.

Flexibility & Balance

Improves flexibility and balance with swinging motions and varied terrains.

Coordination

Develops coordination and fine motor skills essential for accurate ball striking.

Cardiovascular Health

Promotes cardiovascular health and endurance through walking courses and active play.

Mental Resilience

Boosts mental resilience and patience required for consistent performance and handling challenges.

Social Interaction

Supports social interaction and communication through group play and tournaments.

KEY HAZARDS & CONTROL MEASURES

Struck by Golf Ball

- ✔ Implement strict adherence to course etiquette, including shouting "Fore!"
- ✔ Ensure adequate spacing between groups
- ✔ Install protective netting near tee boxes and public areas
- ✔ Educate players on awareness before playing shots

Hit by Swinging Club

- ✔ Educate players on safe swinging practices and awareness
- ✔ Enforce rules about maintaining safe distances
- ✔ Supervise novice players to ensure proper techniques
- ✔ Designate practice areas away from general traffic

Lightning Strikes

- ✔ Monitor weather forecasts and suspend play during storms
- ✔ Install lightning shelters at regular intervals
- ✔ Implement warning systems (sirens/horns)
- ✔ Educate players on seeking shelter immediately

Golf Buggy Collisions

- ✔ Implement speed limits and designated buggy paths
- ✔ Provide training on safe buggy operation
- ✔ Enforce rules about not driving under influence
- ✔ Regularly maintain buggies for proper functioning

Wet/Slippery Conditions

- ✔ Inspect course for wet areas before play
- ✔ Encourage appropriate footwear with good traction
- ✔ Maintain proper drainage systems
- ✔ Clean algae from bridges regularly

Water Hazards

- ✔ Clearly mark water hazards with signage
- ✔ Install barriers where appropriate
- ✔ Prohibit retrieval of balls from deep water
- ✔ Provide long-handled ball retrievers

Heat Exhaustion

- ✔ Provide water stations throughout the course
- ✔ Encourage appropriate clothing and sun protection
- ✔ Schedule tee times to avoid peak heat hours
- ✔ Educate on recognizing heat-related illnesses

Uneven Ground/Bunkers

- ✔ Regular course maintenance to level surfaces
- ✔ Mark hazardous areas with visible signage
- ✔ Provide proper entry/exit points for bunkers
- ✔ Encourage players to be cautious on terrain

Falling Trees/Branches

- ✔ Regularly inspect trees for disease or instability
- ✔ Restrict access during high winds
- ✔ Perform necessary tree maintenance and pruning
- ✔ Remove hazardous trees promptly

Maintenance Vehicles

- ✔ Schedule maintenance during off-peak hours
- ✔ Train staff in safe driving practices
- ✔ Equip vehicles with warning lights and horns
- ✔ Inform players of maintenance activities

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Course Conditions

- [ ] Weather conditions acceptable
- [ ] No lightning warnings in effect
- [ ] Course open for play
- [ ] Hazard warnings noted
- [ ] Buggy paths accessible

Player Preparation

- [ ] Appropriate golf attire
- [ ] Proper golf shoes worn
- [ ] Sun protection applied
- [ ] Water/hydration available
- [ ] Equipment in good condition

Safety Awareness

- [ ] "Fore" call procedure known
- [ ] Safe distances maintained
- [ ] Buggy operation understood
- [ ] Emergency procedures known
- [ ] Mobile phone available

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390+

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