



GARDENING PROJECT

Safety Guide

Youth Group

6

Key Benefits

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Control Measures

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Checklist Items

KEY BENEFITS

Environmental Awareness

Promotes environmental awareness and sustainability practices.

Responsibility

Enhances responsibility and patience through plant care.

Teamwork

Fosters teamwork and collaboration in gardening tasks.

Nature Connection

Encourages physical activity and connection with nature.

Knowledge

Develops knowledge of botany and agricultural techniques.

Therapeutic Benefits

Provides therapeutic benefits through interaction with plants.

KEY HAZARDS & CONTROL MEASURES

Tools & Equipment

- ✓ Age-appropriate tools only
- ✓ Gloves provided
- ✓ Tool handling demonstrated
- ✓ Supervised tool use

Soil & Hygiene

- ✓ Cuts covered before activity
- ✓ No eating while gardening
- ✓ Hand washing after activity
- ✓ Tetanus awareness

Weather & Environment

- ✓ Weather-appropriate timing
- ✓ Water breaks scheduled
- ✓ Sun protection available
- ✓ Allergy info collected

Plants & Chemicals

- ✓ Poisonous plants identified
- ✓ Adults handle chemicals only
- ✓ Chemicals stored safely
- ✓ Thorny plants supervised

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- | | |
|--|---|
| <input type="checkbox"/> Complete and review risk assessment for this activity | <input type="checkbox"/> Ensure all identified hazards have control measures in place |
| <input type="checkbox"/> Brief all staff on key risks and emergency procedures | |

Pre-Session

- | | |
|---|---|
| <input type="checkbox"/> Area checked for hazards | <input type="checkbox"/> Allergy info collected |
| <input type="checkbox"/> Weather appropriate | <input type="checkbox"/> Tools inspected |

Equipment

- | | |
|---|--|
| <input type="checkbox"/> Age-appropriate tools | <input type="checkbox"/> Gloves available |
| <input type="checkbox"/> Sharp items supervised | <input type="checkbox"/> First aid kit ready |

Participants

- | | |
|---|--|
| <input type="checkbox"/> Appropriate clothing | <input type="checkbox"/> Sturdy footwear |
| <input type="checkbox"/> Cuts covered | <input type="checkbox"/> Sun protection |

Hygiene

- | | |
|---|--|
| <input type="checkbox"/> Hand wash facilities | <input type="checkbox"/> No food while working |
| <input type="checkbox"/> Clean up procedure | <input type="checkbox"/> Water available |



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