



# FIELD GAMES & WIDE GAMES

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## KEY BENEFITS

### Teamwork

Promotes teamwork and communication through large-scale group activities.

### Physical Fitness

Improves physical fitness, agility, and coordination in a fun setting.

### Problem-Solving

Encourages problem-solving and strategy development in games.

### Confidence

Builds confidence and resilience through active participation.

**KEY HAZARDS & CONTROL MEASURES****Area Boundaries & Visibility**

- ✓ Mark all boundaries clearly before game starts
- ✓ Position marshals at key boundary points
- ✓ Brief all participants on boundary limits
- ✓ Use high-visibility markers in wooded areas

**Uneven Terrain**

- ✓ Conduct site walk before activity
- ✓ Require appropriate footwear
- ✓ Mark major hazards with tape
- ✓ Avoid areas with hidden obstacles

**Collisions & Running**

- ✓ Set clear rules about contact
- ✓ Brief on awareness of other players
- ✓ Designate no-running zones near obstacles
- ✓ Consider age-appropriate game variants

**Weather Exposure**

- ✓ Check weather forecast before activity
- ✓ Schedule breaks in shade
- ✓ Ensure water is available
- ✓ Have shelter available if needed



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