



# FIELD GAME

## Safety Guide

Youth Group

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## KEY BENEFITS

### Physical Fitness

Promotes physical fitness and active play among participants.

### Teamwork

Enhances teamwork and cooperative strategies during gameplay.

### Communication

Develops communication and social interaction skills.

### Sportsmanship

Fosters sportsmanship and fair play in competitive settings.

### Quick Thinking

Encourages quick thinking and decision-making under pressure.

### Group Dynamics

Provides a fun and engaging way to build group dynamics.

**KEY HAZARDS & CONTROL MEASURES****Collisions & Falls**

- ✓ Playing area checked for hazards
- ✓ Contact rules explained
- ✓ Clear boundaries established
- ✓ Age-appropriate game variations

**Weather & Environment**

- ✓ Weather appropriate timing
- ✓ Sun protection reminded
- ✓ Regular hydration breaks
- ✓ Alternative indoor backup

**Group Management**

- ✓ Clear boundaries set
- ✓ Leaders positioned around area
- ✓ Fair play rules established
- ✓ Inclusive game adaptations

**Terrain & Night Play**

- ✓ Area lit or torches provided
- ✓ Reduced play area at night
- ✓ Obstacles marked or removed
- ✓ High-vis elements worn

**PRE-SESSION SAFETY CHECKLIST****Risk Assessment**

- |  |   |
|--|---|
| <input type="checkbox"/> Complete and review risk assessment for this activity | <input type="checkbox"/> Ensure all identified hazards have control measures in place |
| <input type="checkbox"/> Brief all staff on key risks and emergency procedures |   |

**Pre-Game**

- |   |   |
|---|---|
| <input type="checkbox"/> Playing area inspected | <input type="checkbox"/> Hazards removed or marked  |
| <input type="checkbox"/> Boundaries clearly set | <input type="checkbox"/> Weather conditions checked |

**Participants**

- |  |   |
|--|---|
| <input type="checkbox"/> Appropriate footwear worn | <input type="checkbox"/> Clothing suitable for activity |
| <input type="checkbox"/> Medical conditions noted  | <input type="checkbox"/> Warm-up completed              |

**Rules & Briefing**

- |   |   |
|---|---|
| <input type="checkbox"/> Game rules explained clearly | <input type="checkbox"/> Contact rules understood |
| <input type="checkbox"/> Boundaries confirmed         | <input type="checkbox"/> Fair play emphasized     |

**Safety**

- |   |  |
|---|--|
| <input type="checkbox"/> First aid kit available        | <input type="checkbox"/> Water for hydration |
| <input type="checkbox"/> Leaders positioned around area | <input type="checkbox"/> Time limit set      |



RISK ASSESSMENT  
WIZARD

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