RISK ASSESSMENT WIZARD



ERGONOMICS & MUSCULOSKELETAL HEALTH

Safety Guide

Hair Beauty

4	16	3
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Staff Wellbeing

Supports staff well-being by reducing physical strain.

Posture Awareness

Promotes correct posture and body mechanics awareness.

Better Equipment

Encourages investment in ergonomic tools and furniture.

Job Satisfaction

Improves job satisfaction by preventing discomfort.

KEY HAZARDS & CONTROL MEASURES

Prolonged Standing

- ✔ Anti-fatigue mats provided
- ✔ Regular breaks scheduled
- ✔ Supportive footwear worn
- ✔ Varied tasks throughout day

Wrist Strain

- ✔ Ergonomic tools selected
- ✔ Correct cutting technique trained
- ✔ Regular stretching breaks
- ✔ Tool maintenance current

Neck Flexion

- ✔ Adjustable bed/chair heights
- ✔ Magnification lamps used
- ✔ Neck stretches encouraged
- ✔ Service time limits set

Poor Seating

- ✔ Adjustable stools provided
- ✔ Back support available
- ✔ Regular position changes
- ✔ Footrests available

RISK ASSESSMENT WIZARD

Take Your Safety To The Next Level

Create professional, customized risk assessments for your organization with our easy-to-use online wizard.

390+

Activity Templates

Pre-loaded hazards & controls for every activity

100%

Customizable

Add your branding & tailor to your needs

- ✔ Instant PDF & print-ready documents
- ✔ Store and update assessments online
- ✔ Add your logo & organization details
- ✔ Reuse and duplicate assessments
- ✔ Works on any device

Start Free at riskassessmentwizard.com

No credit card required - Try it free today