RISK ASSESSMENT WIZARD



DINGHY SAILING

Safety Guide

Youth Group

6	16	19
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Teamwork

Develops teamwork and communication skills through coordinated sailing.

Navigation

Enhances understanding of wind patterns and navigation techniques.

Physical Fitness

Promotes physical fitness and balance through boat handling.

Responsibility

Fosters responsibility through the maintenance and care of sailing equipment.

Confidence

Builds confidence through mastering sailing skills and overcoming challenges.

Water Safety

Encourages appreciation for maritime environments and water safety.

KEY HAZARDS & CONTROL MEASURES

Drowning & Capsize

- ✔ Buoyancy aids worn by all at all times
- ✔ Capsize recovery practiced before sailing
- ✔ Safety boat manned and ready
- ✔ Water competence verified

Weather Conditions

- ✔ Weather forecast checked pre-session
- ✔ Wind limits set for experience levels
- ✔ Wetsuits/drysuits in cold conditions
- ✔ Session abandoned if conditions worsen

Collisions & Equipment

- ✔ Boom awareness briefing given
- ✔ Equipment checked before launch
- ✔ Traffic rules explained
- ✔ Helmets for beginners considered

Cold Water & Fatigue

- ✔ Session duration appropriate
- ✔ Warm drinks available ashore
- ✔ Signs of cold monitored
- ✔ Changing facilities available

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Pre-Session

- [ ] Weather forecast checked
- [ ] Water competence verified
- [ ] Consent forms collected
- [ ] Medical info reviewed

Safety Equipment

- [ ] Buoyancy aids fitted
- [ ] Safety boat fueled
- [ ] Communication devices tested
- [ ] First aid kit accessible

Boats & Rigging

- [ ] Boats inspected
- [ ] Rigging checked
- [ ] Bungs in place
- [ ] Appropriate sails set

Briefing

- [ ] Capsize drill reviewed
- [ ] Boundaries explained
- [ ] Signals understood
- [ ] Return time set

RISK ASSESSMENT WIZARD

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Create professional, customized risk assessments for your organization with our easy-to-use online wizard.

390+

Activity Templates

Pre-loaded hazards & controls for every activity

100%

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