RISK ASSESSMENT WIZARD



COOKING CLASS

Safety Guide

School Education

4	16	19
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Healthy Eating

Teaches practical nutrition and healthy meal preparation.

Practical Skills

Builds measurement, timing, and procedural literacy skills.

Teamwork

Encourages teamwork, role sharing, and kitchen organisation.

Independence

Increases independence and confidence in everyday life skills.

KEY HAZARDS & CONTROL MEASURES

Knife Injuries

- ✔ Knife skills demonstrated before use
- ✔ Safe carrying and passing protocols taught
- ✔ Age-appropriate knives provided
- ✔ Knives stored securely when not in use

Burns & Scalds

- ✔ Oven gloves used for hot items
- ✔ Steam hazards explained
- ✔ Pan handles turned inward
- ✔ Cold water accessible for burns

Food Allergies

- ✔ Allergy information collected before class
- ✔ Cross-contamination prevention procedures
- ✔ Ingredients clearly labelled
- ✔ Emergency action plan for reactions

Hygiene

- ✔ Handwashing enforced before and during
- ✔ Surfaces cleaned between tasks
- ✔ Aprons worn to protect clothing
- ✔ Hair tied back and covered

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Kitchen

- [ ] Surfaces clean
- [ ] Equipment working
- [ ] Ventilation on
- [ ] Floor dry

Equipment

- [ ] Knives sharp and safe
- [ ] Oven gloves available
- [ ] Appliances checked
- [ ] Fire blanket accessible

Allergies

- [ ] Allergy list reviewed
- [ ] Ingredients checked
- [ ] Alternatives available
- [ ] Emergency plan ready

Hygiene

- [ ] Soap dispensers full
- [ ] Paper towels stocked
- [ ] Aprons ready
- [ ] First aid kit accessible

RISK ASSESSMENT WIZARD

Take Your Safety To The Next Level

Create professional, customized risk assessments for your organization with our easy-to-use online wizard.

390+

Activity Templates

Pre-loaded hazards & controls for every activity

100%

Customizable

Add your branding & tailor to your needs

- ✔ Instant PDF & print-ready documents
- ✔ Store and update assessments online
- ✔ Add your logo & organization details
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