



CAMPS & OVERNIGHTS

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Checklist Items

KEY BENEFITS**Independence**

Encourages independence and resilience through staying away from home.

Problem-Solving

Develops problem-solving and decision-making skills in real-world settings.

Teamwork

Strengthens social connections as participants share responsibilities.

Nature Appreciation

Enhances appreciation for nature and builds environmental awareness.

KEY HAZARDS & CONTROL MEASURES**Open Flames & Cooking**

- ✓ Establish designated fire areas away from tents
- ✓ Keep fire extinguisher and water bucket nearby
- ✓ Supervise all cooking activities
- ✓ Brief participants on fire safety rules

Food Hygiene

- ✓ Store food at correct temperatures
- ✓ Separate raw and cooked foods
- ✓ Collect allergy information in advance
- ✓ Ensure handwashing before food preparation

Weather Exposure

- ✓ Monitor weather forecasts before and during camp
- ✓ Have indoor backup shelter available
- ✓ Ensure appropriate clothing and sleeping equipment
- ✓ Plan for evacuation if conditions deteriorate

Safeguarding

- ✓ DBS-checked leaders with appropriate ratios
- ✓ Two-deep leadership at all times
- ✓ Clear sleeping arrangements and boundaries
- ✓ Report and escalation procedures in place



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