



CAMPING TRIP

Safety Guide

Youth Group

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Checklist Items

KEY BENEFITS

Independence

Builds self-reliance and personal responsibility in outdoor settings.

Teamwork

Strengthens cooperation through shared tasks and challenges.

Resilience

Develops mental toughness by adapting to outdoor conditions.

Nature Connection

Fosters appreciation for the environment and outdoor skills.

KEY HAZARDS & CONTROL MEASURES**Fire & Cooking**

- ✓ Designated fire area away from tents
- ✓ Fire extinguisher and water bucket ready
- ✓ Adult supervision for all cooking
- ✓ Safe food storage and temperatures

Weather Exposure

- ✓ Weather forecast monitored daily
- ✓ Shelter contingency planned
- ✓ Appropriate clothing required
- ✓ Site away from flood risk areas

Night Supervision

- ✓ Night rota for adult supervisors
- ✓ Clear boundaries communicated
- ✓ Tent checks at set times
- ✓ Torches and emergency contacts ready

Site Hazards

- ✓ Site inspected before setup
- ✓ Dead branches checked above
- ✓ Guy ropes visible and marked
- ✓ Safe paths established

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- Complete and review risk assessment for this activity
- Brief all staff on key risks and emergency procedures
- Ensure all identified hazards have control measures in place

Site

- Pre-visit completed
- Water source identified
- Ground conditions checked
- Emergency access confirmed

Fire Safety

- Fire pit location set
- Stoves checked
- Extinguisher ready
- Rules communicated

Food & Water

- Cool storage available
- Safe water source
- Allergen info collected
- Hand wash facilities

Emergency

- First aid kit stocked
- Nearest hospital known
- Medical info gathered
- Phone signal checked



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