



ARCHERY

Safety Guide

Youth Group

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Checklist Items

KEY BENEFITS**Focus**

Develops concentration and mental discipline through precision shooting.

Coordination

Improves hand-eye coordination and body awareness.

Confidence

Builds self-esteem through skill progression and achievement.

Inclusive

Accessible sport for participants of all abilities.

KEY HAZARDS & CONTROL MEASURES**Arrow Injuries**

- ✓ Clear shooting line procedures
- ✓ Safety netting behind targets
- ✓ Controlled arrow retrieval
- ✓ No shooting until range clear

Equipment Misuse

- ✓ Full safety briefing given
- ✓ Arm guards provided
- ✓ Equipment matched to participant
- ✓ Constant instructor supervision

Range Security

- ✓ Range clearly marked
- ✓ Spectator area designated
- ✓ Warning signs displayed
- ✓ Marshal positioned if needed

Weather

- ✓ Weather forecast checked
- ✓ Session cancelled in high winds
- ✓ Shade available
- ✓ Water provided

PRE-SESSION SAFETY CHECKLIST**Risk Assessment**

- | | |
|--|---|
| ☐ Complete and review risk assessment for this activity | ☐ Ensure all identified hazards have control measures in place |
| ☐ Brief all staff on key risks and emergency procedures | |

Range

- | | |
|--|---|
| ☐ Area secured | ☐ Targets positioned |
| ☐ Backstop in place | ☐ Signs displayed |

Equipment

- | | |
|---|--|
| ☐ Bows inspected | ☐ Arrows checked |
| ☐ Arm guards ready | ☐ Finger tabs available |

Participants

- | | |
|---|---|
| ☐ Briefing completed | ☐ Commands understood |
| ☐ Medical info known | ☐ Consent forms signed |

Safety

- | | |
|---|---|
| ☐ First aid accessible | ☐ Instructor qualified |
| ☐ Ratios appropriate | ☐ Emergency plan ready |



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