RISK ASSESSMENT WIZARD



ARCHERY

Safety Guide

Outdoor Activity Provider

4	16	19
Key Benefits	Control Measures	Checklist Items

KEY BENEFITS

Focus & Concentration

Enhances focus and concentration by requiring precise aiming and sustained attention during shooting.

Upper Body Strength

Improves upper body strength and coordination through the repetitive motion of drawing and releasing the bow.

Mental Discipline

Boosts mental discipline and patience by encouraging steady practice and consistent performance.

Goal Achievement

Encourages goal-setting and achievement by setting and striving to meet specific shooting objectives.

KEY HAZARDS & CONTROL MEASURES

Arrow Strike Injury

- ✔ Clear range layout with safety zones
- ✔ Controlled shooting with whistle commands
- ✔ No one downrange during shooting
- ✔ Adequate backstop netting behind targets

Equipment Failure

- ✔ Equipment inspection before each session
- ✔ Arrows checked for cracks and damage
- ✔ Bow strings inspected for wear
- ✔ Damaged equipment removed immediately

Arrow Collection Injuries

- ✔ Clear signals for safe collection
- ✔ All bows placed down before collection
- ✔ Safe arrow extraction technique taught
- ✔ Approach targets from the side

Dry Fire Injury

- ✔ Never draw bow without arrow nocked
- ✔ Clear instruction on dry fire dangers
- ✔ Supervision of novice archers
- ✔ Immediate removal of damaged equipment

PRE-SESSION SAFETY CHECKLIST

Risk Assessment

- [ ] Complete and review risk assessment for this activity
- [ ] Ensure all identified hazards have control measures in place
- [ ] Brief all staff on key risks and emergency procedures

Range

- [ ] Safety zones marked
- [ ] Targets securely positioned
- [ ] Backstop netting in place
- [ ] Ground clear of obstacles

Equipment

- [ ] Bows inspected
- [ ] Arrows checked for damage
- [ ] Strings in good condition
- [ ] Arm guards available

Participants

- [ ] Safety briefing completed
- [ ] Whistle commands understood
- [ ] Appropriate clothing worn
- [ ] Jewellery removed

Supervision

- [ ] Qualified instructor present
- [ ] Ratios appropriate
- [ ] First aid kit available
- [ ] Emergency procedures known

RISK ASSESSMENT WIZARD

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390+

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